

Implementing
POSITIVE PSYCHOLOGY
in work place



Good health IS good business

Today, positive psychology is more than just a self-help concept – it's a powerful tool that has the power to transform workplaces.

Today, more and more employers see positive psychology in the workplace as a critical part of hiring employees, keeping them, and meeting organisational goals, and with good reason.

Research suggests that positive psychology can help staff be friendlier and happier with one another and increase productivity, original thinking, conflict resolution, performance and corporate wellness. It also helps staff settle into an organisation and stay longer.

TRIPLE N aims to help individuals, groups, and organisations flourish.

- Take-home messages
- Push physical and mental limits
- Adopting PERMA in the workplace
- Applying positive psychology at work
- Work coaching exercises
- Practical implementation tips
- outcome based assessment

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“When employees feel valued and appreciated for their strengths, they are more likely to be motivated, productive, and remain with the company”



SALESPOT

Positive Psychology In Sales

Happiness Is The Secret To Getting An Edge On Your Sales
Integrating Psychological Capital

Training options:-

Small Groups | One on One

Workshops | Events | Coaching

There are many ways we can upskill your team. Engaging and fun, activity based modules, ensure everyone is invested and stretched. Tailoring the workshop to focus on what they most need to achieve. These powerful sessions work on real life situations arming each person with solutions. Mindset determines sales - we work on mindset. NLP, TA, relative therapy, timeline therapy, coaching, positive psychology, CBT etc. are used. Pumped up, inspirational sessions tailored to exactly meet your needs and message. The length can be whatever suits you.



CCPro

Certified Corporate Professional

- 01. HOW TO FIGURE OUT WHAT YOU WANT TO DO TO CLIMB UP YOUR CAREER LADDER**
- 02. SOFT SKILLS & LIFE SKILLS**
- 03. ART OF SELF MANAGEMENT**
- 04. CORPORATE READINESS**
- 05. PUBLIC SPEAKING & PRESENTATIONS**

Be a Pro! For Students, Youth, and Job Seekers

Our campus to corporate program focuses on industry-academia collaboration to help you industry ready, this includes soft skills, life skills, corporate readiness programs and career specific insights.

CCPro is a prerequisite for those who dream big!

Triple N training offers a lot of psychology – firstly your team feels invested in, secondly we handle the job (with you) of getting them open minded and ready by tasking and liaising before a workshop. Thirdly, we understand human behaviour, how to motivate people. We know if they are relaxed and having fun they embrace and pick up lessons quicker. We teach about ‘our internal state’ that is – how do we react when the business has challenges – how to be in charge of how we react.

The essential training though, for behavioural change, comes from the Inner Game. ‘Mindset’ and ‘Skills’ have equal importance. The right mindset is, quite frankly, a game changer.



Triple N Axiomatic Solutions Pvt. Ltd.
in association with
King's Business School

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